

NEWSBEAT



NEWSLETTER FOR THE PRESBYTERY OF PORT PHILLIP EAST

AUGUST 2020

Pandemic pains... focusing on mental health and nurturing the self



Two of our chaplains tell their stories of life online. Scroll to page 4 & 5 to learn more.



Time to focus on faith, health and wellbeing to 'replenish our spirit'



<https://bit.ly/PPEPYoutube>

THE Moderator did not shy away from the issues in her address to the Presbytery meeting in this renewed period of restrictions and isolation.

As the pandemic continues through a second wave, Rev Denise Liersch shared with us on Wednesday, July 29 to offer a reflective message, with an acknowledgement of shared "tiredness, sadness and longing" to the 80 people gathered online.



This was the first Presbytery meeting led by new chairperson Tom Spurling, and worship focused on current challenges and the need for self-care, community care and world care.

Duncan Macleod drew on the story of Jacob wrestling by the Jabbok River, reflecting on transition, mortality and new life, despair and hope. An original song by Craig Mitchell, *We Walk On*, was presented in lyric video form. Prayers were then led in Dutch by Anneke Oppewal, in Tagalog by Berlin Guererro from Dandenong and in Cook Island Maori by Toko Ongoua from Clayton. See more on Craig's song on page 3.

Jenny Byrnes and Mat Harry from equipping Leadership for Mission, and Sam Nicholas and Peter

Thomas from the Mission Resourcing Unit, presented the *Money for Mission* program. Congregations and presbyteries are able to sell excess property and invest in a fund that provides interest back to them, as well as to the wider church. Workshops are planned for treasurers, property convenors and other interested leaders later in August.

Denise, Moderator of the Vic Tas Synod, reflected on the impact of tiredness on ministry agents and other leaders in the Presbytery, congregations, schools and agencies. She encouraged the Presbytery to continue its valuable support for leaders through networking, pastoral care and training in mental health. See our video of the two presentations on the Presbytery YouTube page, link above.

Belinda Clear, supply minister with SouthPort Parish, was accepted as an applicant to be a candidate for Minister of the Word. Andrea Mayes was affirmed as ready for ordination to the Ministry of Deacon.

Hope for the future marked by National Children's Day



To continue steps towards reconciliation we encourage you and your congregations to make use of this new resource devised to assist churches to recognise Aboriginal and Torres Strait Islander Children's Day (August 4). Suitable for use on Sunday August 2nd or 9th (or in between)

<https://sa.uca.org.au/documents/National-Aboriginal-and-Torres-Strait-Islander-Childrens-Day.pdf>

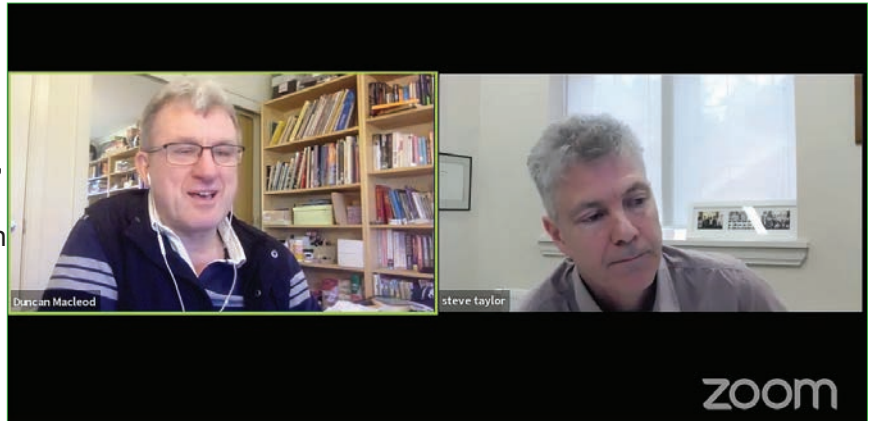
Playful practices and digital dynamism

There were 167 Facebook Comments in response to Steve's LiveStream conversation. Here are two of his responses pointing to some useful additional resources.

"in terms of "video" divided: voicethread.com looks promising - a way to use voice only engagement. Imagine if this was used for reflection on weekly lectionary text."

"in terms of justice - the research I mentioned on UCT recently surveying students about experiences of Emergency Remote Teaching is at bit.ly/ciltUCTonline

PORT Phillip Presbytery has just hosted "Playing with Faith Formation", an online conversation with Steve Taylor, the third in the faith formation live stream series. The live



stream Facebook video on July 31 followed on from Bex Lewis and Discipleship in a Digital Age in April, and Mary Hess on Digital Storytelling and Faith Formation at the beginning of July.

Every church leader finds themselves in a new space. It's a coping space, and also a creative space – an opportunity to experiment with new practices, new ideas. How are we playing with possibilities in faith formation in our digital world? Duncan Macleod and Steve Taylor talked about connection, interaction, contemplation, and engaging spiritual practices beyond Sunday worship. They also talked about ministry as play, about creativity and risk and about how the Spirit takes us in new directions. The conversation blended stories, spiritual practices, theology and Christian formation. A highlight was the use of Facebook chat to reflect on quotes from *Rupert of Deutz*, a Benedictine theologian in the 11th century. Playing with the online "Lectio Divina" practice gave us a first hand experience of faith formation, reflecting on the Spirit's connection with us in lockdown, and the playful nature of God.

While people from across Australia and New Zealand watched the live stream and interacted through the Facebook chat feature, many more have watched since.

See the video online on the Presbytery Facebook page or YouTube channel: <https://bit.ly/faithformplay>

Rev Dr Steve Taylor is the Principal on the Knox Centre for Ministry and Theology in Dunedin, part of the Presbyterian Church in Aotearoa New Zealand. Steve was formerly the Principal of Uniting College for Leadership & Theology in SA, and previously Director of Missiology and Post-Graduate Studies. He is the author of "First Expressions", "Built for Change" and "Out of Bounds Church?".



Learnings from a Palliative Care Nurse

Bronnie Ware is an Australian nurse. She spent years working in palliative care, looking after patients in the last 12 weeks of their lives.

During that time, she observed how the terminally ill gained phenomenal clarity of vision toward the end of their lives -- and recorded the thoughts of her patients in a book, "The Top Five Regrets of the Dying." She wrote it in the hope that we can all learn from it - and perhaps avoid having the same regrets ourselves.

Here are the top five regrets she encountered...

1. I wish I'd had the courage to live a life true to myself, not the life others expected of me.
2. I wish I hadn't worked so hard.
3. I wish I'd had the courage to express my feelings.
4. I wish I'd stayed in touch with my friends.
5. I wish that I'd let myself be happier.



When I Talk to You

WE give thanks for places of simplicity and peace. Let us find such places within ourselves. We give thanks for places of refuge and beauty. Let us find such a place within ourselves. We give thanks for places of nature's truth and freedom, of joy, inspiration and renewal, places where all creatures may find acceptance and belonging. Let us search for these places; in the world, in ourselves and in others. Let us restore them. Let us strengthen and protect them and let us create them. May we mend this outer world according to the truth of our inner life and may our souls be shaped and nourished by nature's eternal wisdom.

by **Michael Leunig**

A song for the season



We walk on. Lord, we walk on.

"WE Walk On" was part of the opening worship at this month's Presbytery Meeting. The song was written by Craig Mitchell and Leigh Newton in the time of Holy Week, and Craig made the audio-visual as a broader reflection on the struggles of COVID-19. You can download the clip. You can also download the music score and read more about the background to the lyrics here.:

<https://bit.ly/wewalkon>

Bethel offers drop-in sessions



COULD you or someone you know benefit from a safe space of support? The Bethel Centre is hosting Zoom drop-in sessions every Wednesday for the next five weeks at 1.30-2.30pm. The session is led by Bethel's newest counsellor, Wendy Driscoll.

For more information or to register, email support@bethelcentre.com.au.

Reflections on Faith

Mindfulness

IN the challenging times we are living through right now, it is important to continue to look after ourselves.

One of the things that can be helpful is the practice of mindfulness.

Staying in the here and now, being mindful is about connecting to the tangible by focussing on what you can sense, feel, taste, smell, hear and see, right now, right here, to give your racing brain a break.

Focussing on the here and now can help break down whatever you are confronted with into bite size chunks of no more than five minutes at a time, without looking too far into what lies ahead or what has happened before. You come to realise that, if you can do these five minutes, you may be able to do the next five as well, and so on.

If the past is haunting you with painful memories or depressing thoughts, staying in the moment can help disentangle yourself from what is past, and move into the present, and receive it as a gift that helps you move away from what was, into what may be.

If the future looks more like a tsunami about to drown you, then a lovely walk in the park, grounding yourself in the present moment, can be a way to take a moment to detach from the fear and anxiety, and realise that, here and now, life is actually not that bad.

It's all about getting your mind out of one place, into another, detaching from what is hard, and attaching it to what is manageable - here and now: wash the dishes, bake a cake, write a letter, listen to the birds outside, noticing the buds on the trees, consciously breathing in some fresh air, enjoying a sip of your favourite drink. Forget about the rest for a moment, and focus on what is here and now, tangible, real and solid, and in doing so, give your mind and body a chance to catch its breath.

You may just want to stop for a moment and pay attention to your breathing. Just notice it - going in and out - your weight on the chair, your feet on the ground, your hands in your lap, and realise that whatever else may be going on, God made you, God loves you, God is with you. Even where life may be scary and uncomfortable, God's loving presence is reaching out to you, right here and right now.

by
**Rev Anneke
Oppewal
Port Phillip East
Presbytery Minister
Pastoral**



Chaplaincy goes online

AS I am approaching five years in placement as the Chaplain at Wesley College, Elsternwick, I thought that all

Two of our chaplains share stories and thoughts on educational life in times of a pandemic

the major surprises that go along with working in school ministry were behind me. The pandemic quickly taught me to expect the unexpected. Educational structures that have been 'a given' since the Enlightenment were swiftly turned on their heads. Students, teachers and parents were sent to their homes, and within mere days, expected to revolutionise the way we work and live together. Meanwhile, I had to reconsider how to be a Chaplain to them.

Incidental connections in the playground or in the staffroom have needed to be more intentional. In a ministry that is so often built around presence, walking alongside people has been challenging.

Having said that, relationships that have been built over time have allowed for deep and honest conversations with both adults and children. In times of crisis it is natural for us to step back from the mundane and consider where God is in the bigger picture. I have seen my role as one who acknowledges our unexpected human fragility and to also encourage hope, peace and perseverance.

Together, we have found ways to regularly connect, pray and worship. Our annual Reconciliation Chapel went online this year, but with student leaders eager to express their lament during the historical #Blacklivesmatter moment, it was one of our most meaningful Chapels to date.

The world has slowed down significantly, and it has given those of us who are used to the highly structured life that typifies the modern school the opportunity to live a more contemplative life. Amid the chaos outside, I pray that the homes of our Wesley community be places of contemplation, gratitude and refuge.



Kaylea Fearn, Chaplain, Wesley College, Elsternwick Campus



Mandy Lake, Chaplain, Monash University, Peninsula Campus

WHAT an unexpected roller coaster of a semester it has been. Restrictions for COVID 19 began as the university year started, and within two weeks the campus was eerily quiet. Students needed to quickly adapt to online study while isolated at home, which was challenging, particularly for first year students new to university. Many students lost their part-time jobs in hospitality and retail, which resulted in financial stress and worries. International students have been in a particularly difficult situation. Many lost part-time jobs, some parents overseas were affected financially from the pandemic - and were not able to access Centrelink support. For those who remained here, they were also a long way from family and friends back home. I'm happy to report that Monash has done some amazing work in setting up a wide range of programs and expanded services to address some of these issues, which has gone a long way in supporting students across the study, social, mental health, physical health and financial areas. Included in this are substantial financial support grants (particularly for international students) which many have received, and are certainly helping with their basic needs. Staff also were under significant pressure at this time. Faculty staff were required to quickly transition to working from home, manage presenting course information

and content online, in different ways, and address the issue of practical components of courses. Many placement opportunities were lost, as organisations were closed down or not in a position to take on students. Support services also went online and connected with students via phone and email and Facebook. Alongside this stressful time of rapid change came the news that universities are facing huge financial problems, leaving a lot of staff feeling insecure about possible job losses, and increased workloads.

Cont. on page 5

Chaplaincy goes online

Cont. from page 4

What has all this meant for me in Chaplaincy? My main mode of connection, a weekly



pancake breakfast which usually attracts around 150 people, could not happen! Like others, I had to explore different ways of operating. As we closed down early, I was able to visit many students and staff with chocolates and lollies, and provide a listening ear for different worries. Since then, I have been working from home, and doing regular check-ins with many students I had seen before, plus some new referrals that came my way. For the last few weeks, I have been visiting the Library (which has remained open) once a week. All of this, although challenging, has resulted in some good connections with students and staff about the range of issues mentioned above, and more. Please keep students and staff in your prayers as they head into second semester, with more of this new and different territory to come.

Getting through

IT'S a challenge to stay upbeat when you're living in varying degrees of isolation in the middle of a pandemic in the dead of winter. The coronavirus has literally turned everything on its head and is challenging us in different ways. So, what can you do to avoid feelings of frustration, anxiety and uncertainty? "Cut yourself some slack. It's okay not to feel okay," is the message from Uniting AgeWell's Health and Safety Director, Kristy Rebecca.



"When we first entered the pandemic, we all felt stoic and determined to do our bit to stay safe and fight it," Kristy says. And then it dragged on.. and on.

"Accept that you are sick and tired of it all and want your old life back," Kristy says.

"Accept that you're anxious, frustrated – even angry. You may even feel a sense of grief. Some of you may feel neither happy nor sad – just somewhere between. This is quite normal, even without the pressures of a pandemic."

She says Zoom screen time keeps us connected with friends and family, but our instinct is to want to be with them in person; and disconnection can drive anxiety. While impromptu chats are fine, scheduling regular virtual catch-ups can build stability and predictability in an uncertain period.

Uniting AgeWell's Director of Mission, Rev Clare Brockett, *pictured above*, says we all learn that nothing in life remains the same: "In this time of pandemic, of winter, of uncertainty, it helps us to remind ourselves of what has helped us move through difficult times in the past. For some, it may be your faith, your religious belief, reading sacred books, prayer or meditation," Clare says. "For some, it may be remembering where you come from. The earth, land, country, and family that has shaped you. For some it may be talking about what matters most, or exploring the big questions of life."

Clare suggests to remind yourself of these things, look at photos that tell your story, make a call to chat about old times.

"When you cannot make the connections you need, find ways to acknowledge this hard reality. Seek another voice, or help if needs be, to let you remember what really matters to you." Kristy Rebecca's advice:

- Stay as connected with family and friends as possible. Embrace new technology, like Zoom and Skype, try to get onto Facebook. Reach out to people who can help you here.
- Read or listen to audio books, watch a movie or TV, listen to the radio. It's pleasurable and listening to the news will also keep you in touch with the outside world so you see the bigger picture and be reminded that isolation affects us all.
- Use this time to start a new hobby, like painting or sorting through your photo albums. It affords pleasure and time.
- Go outside. Even if you rug up with a jacket and walk to your post box, it's good to feel the fresh air on your face. Sit out in the sun for a while. It will do a power of good.

Human touch is important. Some of you may be yearning for a hug. Acknowledge this and look forward to when this will happen. The one thing Kristy insists on is tune with your feelings and reach out if your mood spirals down and before it gets really low.

*Helpline numbers around the clock: Lifeline 13 11 14 or Beyond Blue 1300 22 4636.



History in the making

CELEBRATING any milestone is a bit hard in our current COVID19 environment and so when thinking about the 130th anniversary of continuous Christian Worship and Service by (the now) Murrumbeena Uniting congregation, some creative thinking was required.



by Rev Jay Robinson

As we gathered for worship together in our different places, we took time out in during the service to recall that first service

and the history of 130 years in Murrumbeena. Anne Don, who is Murrumbeena Uniting’s archivist and librarian and wrote the article below, has been working on our history and we managed to record her (just before Stage 3 was enforced again) telling us a little of the history. We have loaded this up onto our YouTube page which you can watch here: <https://bit.ly/munitingtube>

We were also joined by the Moderator Rev Denise Liersch who sent us a message and a blessing. You can watch the whole service here: <https://bit.ly/MUCunravel>



1890 – 2020 - A PAST WORTH CELEBRATING

July marked 130 years of continuous Christian Worship and Service by the congregation in Murrumbeena. It was mid-winter (reports suggest exceptionally mild weather) and times were hard when

a meeting of Presbyterians was held in a home on the evening of July 2nd, 1890.

The outcome was the first Presbyterian Service of Worship in Murrumbeena, on Sunday evening July 13th, in a disused hay and corn store. On 3rd December, 1893, members opened a small wooden Church on rented land in Dunoon Street.

On 19th May, 1934, the brick Church was opened on the present site and named St Giles.

After Union in 1975 with the nearby Methodist Church (begun in 1912), the congregation in 1977 became part of the new Uniting Church in Australia in a Parish with Hughesdale Church (for several years) and Tara Grove Church (begun in 1957). In 1997 St Giles and Tara Grove became part of a four Church parish with Neerim Road and St David’s Churches, until they combined as Koornang Uniting Church on the present site in 2003. The name was changed to Murrumbeena Uniting Church in 2017 after consultations within the church.

What began as a step of faith into the unknown by a small group of Presbyterians, by the grace of God became the long story of this congregation – of several generations of prayerful, faithful, hardworking men

and women, ordained and lay, young and old, well known and not, who continued to worship and witness through peace and war, prosperity and economic depression and several epidemics and in times of community acceptance, apathy or hostility. We sadly cannot celebrate as we did with great joy and a gathering



of over 450 people at our Centenary in 1990. But at least let us TAKE TIME OUT from our busyness and preoccupation with this pandemic TO REMEMBER, REFLECT and GIVE THANKS.

The following two quotations were placed on the front cover of our Centenary Celebration Booklet.

“Thy Word is a lamp to my feet and a light to my path.”
“We’ll praise Him for all that is past and trust Him for all that’s to come.”

Exploring beneath the surface

ORMOND UC has recently begun to use *“Exploring Theology from a UCA Perspective”* as material for a 12 week group study. They meet online every 2 weeks.

Neil Thorpe and I have spent a number of Zoom sessions assisting them in setting up the group and preparing for leading the study. This month, Rev Andrew Boyle, Dennis Taylor and Warwick Barry (an Ormond UC member and Lay Preacher) shared their experiences of the course so far. If your community is interested in this online learning course contact me at Mel.Perkins@victas.uca.org.au

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Warwick writes: “FOR many of the group the text has been quite challenging, in terms of the language, concepts and ideas presented, but we are enjoying the task of making sense of it and what it might mean for us; both as a large group and in smaller groups at times.

Brad and Andrew highlight key material and ideas and we have had some interesting conversations around real life scenarios and how we might approach them, using four aspects employed by John Wesley, that have stood the test of time!

This course is suitable for all lay people and has five modules that we will cover. It involves regular participation and preparation, rather than assessable tasks. A welcome form of encouragement to say the least.”

Dennis reflects: AFTER just our first topic, the group has come away with so many important quotes and insights. To give you a flavour, we learn that theology tries to make sense of what, how and why we and others believe. Theology is very much about continuing to ask questions and search. It is based on the underlying assumption that faith and inquiry are inseparable. Faith is knowledge of, and trust in, the living God who ever remains a mystery beyond full human comprehension. So, questions of faith abound. Faith seeks understanding and understanding brings joy. Instinct, intuition and emotion, as well as scientific rationality, all need to be part of thinking theologically. Christian theology seeks to interpret the central Christian message of the revelation of God in Jesus Christ as attested in Scripture. It does this in interaction with culture, experience and the needs of a given time and place.

This may sound somewhat daunting as a study unit. But it is made coherent and quite manageable for the group.



by Mel Perkins
eLM Lay Leadership
Development Coordinator

Andrew Boyle says:

“WHAT I have realised in these first two weeks of our course is how neglected teaching and learning for adults has been in the life of the church. We thought that it was enough to teach children information about believing but that this could stop in any structured way once people reached late adolescence/early adulthood. We have left people without the tools to develop a considered, shared, mature faith and so have abandoned a number of generations of church membership as a result. But this new initiative gives me great hope and encouragement and I'm glad to be part of it. Once the course is complete, we will investigate how we can begin to share the learning and reflection around and so deepen our faith and our trust in the God who makes all things new. I hope that we can learn from our learning about we can best learn together and continue the shared journey of loving the Lord, our God with heart and mind and soul.”

**Mel Perkins lives in Frankston and is a member of Port Phillip East Presbytery*

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Meeting the Challenge of Declining Social Trust

The Mount Waverley cluster Adult Growth and Development Group recently held a successful forum on the decline of social trust in Australia and internationally. It looked at why trust in government, the media, big business, and other social institutions is plummeting, the implications of this, and what we as Christians can do about it.

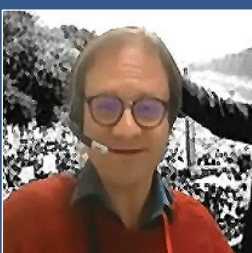
Participants heard three very informative talks, Tom Spurling from St Luke’s, who spoke about the decline of trust in the international context; Dr Mark Zirnsak from the Justice and International Mission (JIM) of the Synod of VicTas, who focused on the decline of trust within Australia; and Rev Duncan Macleod, from the Presbytery of Port Phillip East, who examined what role the Church can play in rebuilding trust. Our Chair for the day was Rev Julie Ross from High Street Road.



Participants were divided into small groups to discuss the issues raised. Across the groups it was noted that when certain sections of society are excluded this naturally breeds mistrust and resentment. Examples included the marginalisation of indigenous peoples, Muslims, asylum seekers, and other minorities. The antidote to this source of mistrust seems obvious. As one participant put it: ‘The most direct thing we can do is to communicate with the people in our own street.’



Another participant suggested extending this to volunteering with local councils, or joining groups like Street Pastors or the Waverley Benevolent Society.



It was noted that the Justice and International Mission within the synod, through its efforts to free people from oppression, does an excellent job of creating social trust. Other suggested ways for the Church to increase trust included displaying integrity between proclamation and practice and responding effectively when there is a mismatch, as well as communicating effectively about what the Church is doing to support the community.



The erosion of public trust was perceived by all involved as posing a serious threat to the ability of social institutions to function effectively, and damaging to personal relations among people. However, the focus of the forum was not on complaining, but on problem-solving, and many practical suggestions were raised and evaluated on the day.

by John McKie

Pax Christi passions

THE International Christian Peace Movement Pax Christi Victoria Inc. invites interested parties to an online ZOOM event on **Sunday, August 16, from 2pm-3.30pm** entitled:

Sleepers, wake now! Political engagement and climate in the digital age.

Guest speaker is the Hon Dr Barry Jones AC, who has been a public servant, high school teacher, television and radio performer, university lecturer and lawyer.

He took a leading role in campaigns to abolish the death penalty and revive the Australian film industry.

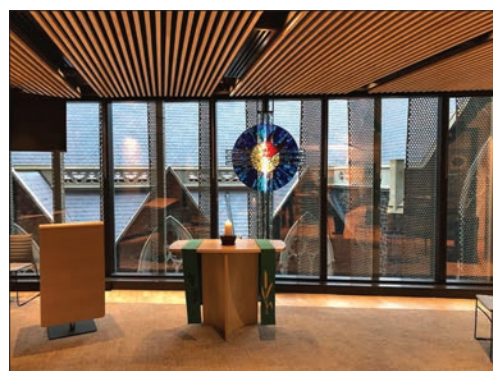
He was Minister for Science 1983-90 and also served on the Executive Board of UNESCO in Paris 1991-95 and was Vice President of the World Heritage Committee 1995-96.

In his Latest book “Sleepers Wake Now” he turns his attention to what has happened since - especially to work, class, social relationships, and climate in the digital age.

To join the online talk: Send an email and the email address to register to ahmkerr@hotmail.com and a link will be sent a day or two before. Please include a phone number in your e-mail too.

On the move

THE Synod offices have finally moved from 130 Lt Collins St to Wesley Place. Sadly, due to COVID-19, special planned services could not go ahead. For more details of the move and other information connected to it, visit: <https://victas.uca.org.au/about-us/wesley-place/>



New instructions

Synod COVID19 Frequently Asked Questions features new advice on face masks used in work situations, recording and broadcasting worship (for example, you can take your face mask off when speaking to the camera), and COVID19 safety considerations relating to tennis courts. Visit the presbytery website at www.ucapapp.org for details on all new instructions and answers to FAQs.



Great web links to assist in preparing online worship

IF the extended lockdown has left you scrambling a little for online materials, or you want to check what you can and can't use, then Craig Mitchell's list of useful online resources is sure to help...

Copyright issues

ucapapp.org/covid-19-response/worship-services/

Technology in worship

ucapapp.org/covid-19-response/technology/

Recorded music for worship

craigmitchell.typepad.com/mountain_masala/music-for-worship-streaming-and-recorded.html

Religious Art works - open access

craigmitchell.typepad.com/mountain_masala/religious-art-open-access.html

Copyright free photos

<https://www.pexels.com>

<https://unsplash.com/>

Computer-generated Music/Hymns

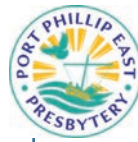
<https://mymidi.audio/>

Childrens Stories read by famous actors

<https://www.storylineonline.net/>

Lost Sheep Resources

<https://www.lostsheep.com.au/>



Presbytery meeting date for 2020

*** Wednesday, September 30th, 7.30pm**

The next Presbytery in Council Zoom meeting will be held on Wednesday September 30. A meeting link will be shared around in the weeks preceding.

Pandemic pertinent advice for churches

WE have had enquiries about congregations and online Annual General Meetings.

We indicated earlier that congregations are able to postpone their AGMS. However in the current situation it's becoming clear that postponing may mean putting off governance decisions longer than expected.

If we need to receive audited accounts from the 2019

financial year, that can be done using the Zoom or Facebook Rooms platform, ensuring that all members can log in using a computer or smart device (video and sound) or just phone in with a landline or mobile phone. Straightforward decisions about receiving a report can be made using polls on Zoom, in line with the Manual for Meetings principles of consensus decision making. However more contentious or complex agenda items need some careful thought. Elections that are contested can be run using a system like eballot.com as the Presbytery did in May.



**by Duncan Macleod,
Presbytery Minister:
Team Leader
on 0439 828 718**

I've also had an enquiry about members working on church gardens and cleaning during the current restrictions on gathering. Yes that can happen, providing all social distancing and other protocols (including facemasks) are followed, also including maintaining attendance records. The current guidelines include that outdoor gatherings may not exceed more than TWO people, so that may be a restriction on the gardening aspect. As with everything else COVID-related, anyone who falls into any of the high risk categories should be encouraged to remain at home.

If you would like to submit a news item for the Presbytery's monthly Newsbeat newsletter please send all articles and images to newsbeat@ucapapp.org



The Port Phillip East Presbytery website is an exciting additional resource tool for communication across our churches, agencies, schools and communities. We welcome submissions to the website, Newsbeat and Facebook, but should advise that photographs may be used across all, unless instructed otherwise when submitted.

Visit the Presbytery website at www.ucapapp.org and www.facebook.com/ucapapp.org for news, events and more....